



Common Core and YOU: *Making Connections*

As a physical educator, you've probably heard of the new Common Core State Standards and are wondering,

"What does this mean for my students – and me?"

Today more than ever, teachers are being held accountable to prove their students are learning. The demand on teachers, administrators, and schools to deliver data driven results is a challenge facing everyone. This **practical and ACTIVE** training will prepare and motivate K-12 physical educators to not only embrace Common Core, but to THRIVE!

A Special Day at your School or District:

Common Core and YOU is a full day, on-site workshop hosted at YOUR facility that will examine the Common Core State Standards Initiative through the eyes of a K-12 physical education teacher. Attendees will learn physical education specific lesson structures that optimize learning **AND** MVPA while making administrators smile; then leave with access to free lesson plans, a complete handout packet, and assessment tools you'll want to use with your students tomorrow!

Essentials:

- Days, and start/stop times are **flexible**; what's best for your staff and district?
- 6 hours of "hands-on" instruction segmented by am/pm breaks and lunch (host facilitated)
- **Maximum of 40** for safety and to ensure adequate equipment for all

Attendees Receive (FREE):

- Certificate of Completion (awarded end of day to those present)
- Post workshop consultation via phone and email
- Access to e-Newsletter, monthly webinars, and social media opportunities with other physical educators
- Raffle prizes and/or giveaways

Program Objectives/Outcomes - participants will:

- Define and explain how physical activity correlates to students' academic performance
- Draw alignments between physical education content and the Common Core State Standards Initiative
- Create Lessons that maximize physical activity time (MVPA) while addressing Common Core Standards
- Assess student learning using a variety of evaluation tools and techniques
- Generate evidence of student learning using formative and summative assessments

Contact us at spark@sparkpe.org or 1-800-SPARK PE to learn more about scheduling a Common Core presentation for your school or district!