(Need 10-12 various pieces of athletic equipment.)
Choose 1 participant to be the “Equipment Manager.”
Hand them as many pieces of equipment as they can hold. If time, try with a different person.
On signal, try to tag each other’s knees. Play for points until signal.
1 person per corner. Pass to your R, follow the pass and stay at the new corner. Ball goes 5X around to the R, then switch directions.
WHEELBARROW

Base partner in push-up position. Top partner grabs 1 ankle then the other of base. Base walks using hands, top follows carrying legs.
Base partner, lay flat on your back, knees bent. Top partner straddles base, facing feet with hands on base’s knees. Base grabs top’s ankles. When base says “Ready, go” the base straightens arms up holding top’s ankles. Top pushes off and extends body horizontally. Top is now parallel to the floor.
Stand facing partner. Both lift 1 leg behind you and lean toward each other. Hold each other’s hands, arms outstretched. Hold.