# CATCHING PERFORMANCE RUBRIC

## MIDDLE SCHOOL

### FLYING DISC

<table>
<thead>
<tr>
<th>STUDENTS</th>
<th>CLAP CATCH</th>
<th>2-HANDED CATCH</th>
<th>1-HANDED CATCH</th>
</tr>
</thead>
</table>
|          | • Places 1 hand on top and 1 on the bottom  
|          | • Claps disc flat like a pancake          | • Has hands up and ready to catch  
|          |                                           | (thumbs down if disc at chest level or above, thumbs up if below chest)  
|          |                                           | • Clamps disc between fingers and thumb  
|          |                                           | • Watches disc as it comes into hands  
|          |                                           | • Makes a C with dominant hand  
|          |                                           | • Has hands up and ready to catch  
|          |                                           | (thumbs down if disc at chest level or above, thumbs up if below chest)  
|          |                                           | • Clamps disc between fingers and thumb  
|          |                                           | • Watches disc as it comes into hand |

**Scale:**
- 3 Demonstrates all cues all the time with no mistakes
- 2 Demonstrates 2 or more cues all the time with no mistakes
- 1 Demonstrates 1 cue all the time with no mistakes
- 0 Cannot demonstrate any of the cues