

3--6					
		#1 of 4	#2 of 4	#3 of 4	#4 of 4
Classroom Part 1	10 mins	Welcome/Intro Slides	Welcome Back/Review-Check-In	Welcome Back/Review-Check-In	Welcome Back/Review-Check-In
Activity Part 1	65 mins	First 3 Lessons	Icebreakers - Choose 2 out of these 3	Icebreakers - Choose 2 out of these 3	Icebreakers - choose 2 out of these 3
		Lesson 1	Tag Team Traveling	Gotcha (PLE)	3,2,1 (Icebreakers)
		Lesson 2	Offense/Defense	Human Knot (SEL)	Kickball-Round up
		Lesson 3	Quick Draw	Rock, Paper, Scissors Fan Club (Icebreakers)	Stick with Me (Cooperatives)
		ASAPs	Cooperatives	Dance	Basketball
		Perimeter Move	Workout Buddies	4,3,2,1	Ball Handling Drills
		4 Corners	Group Juggling	California Strut	Dribbling Drills
		Meet Me In the Middle	Twist/Turn/Bend/Stretch	Scattered Square Dance	Passing Drills
			Partner Ball Challenges	Irish Jig	Pass and Follow
		Aerobic Games			Group Basketball Hunt
		Aerobic Bowling	Movement Bands - set for trainers	Fitness Challenges	
		Builders Bulldozers	Introduction to Movement Bands	Partner Aerobic Fitness	Walk Jog Run
		Hearty Hoopla	Movement Band Circuit (Individual Tricks)	Fun and Flexibility with a Friend	Pass the Hat
		Centipede Bucket Brigade	Lucky Guess (Group Tricks)		Partner Walk Jog and Talk
			Inside/Outside Walk/Jog		
Classroom Part 2	15 mins	General program & lesson overview - what you have & how to use it	SPARK App – detailed app slides	SPARK App: Group creator/student selector details	SPARK App: Assessment details
BREAK	10 mins	BREAK	BREAK	BREAK	BREAK
Activity Part 3	50 mins Note: For #1 of 4 - only 45 mins here as 5 mins added to Classroom Part 3 below.	Flying Disc (HASP)	Soccer	Jump Rope	Peer Teaching
		Backhand Throw and Catch	Ball Control Drills	Introduction to Jump Rope	Jekyll Island Stomp (Dance)
		Catching Drills	Dribbling Drills	Jump the Circuit	Log Jam (Cooperatives)
		Corner to Corner Give and Go	Passing Drills	Group Estimation	2 Minute Drill (Football)
		Keep Away (3 on 1)	5-Player Kick and Dribble		Forearm 21 (Volleyball)
		Flying Disc 3-Catch Game	Soccer Grab Bag	Recess Activities	Side by Side Tag (Chasing and Fleeing)
		Ultimate		Straddleball	All-Run Kickball (PLE)
			Chasing and Fleeing	4-Corner Scramble	Mindful Breathing (Mindfulness)
			Partner Tag		
			VIP Tag		
	Hospital Tag				
Classroom Part 3	30 mins Note: For Part 1 - 35 mins here.	SPARK App Feature Slide	Debrief Activity (Gallery Walk - in WORKSHOP BOX)	Debrief Activity (Scenario-Situation - in WORKSHOP BOX)	Show Lesson Quality Checklists on slide
		SPARKfamily & Debrief Activity (Scavenger Hunt - in WORKSHOP BOX)	Overall wrap-up, Evals & Raffle, Certificate Code	Overall wrap-up, Evals & Raffle, Certificate Code	Debrief Activity (BINGO - in WORKSHOP BOX)
		Overall wrap-up, Evals & Raffle, Certificate Code			Overall wrap-up, Evals & Raffle, Certificate Code

What I will START doing, STOP doing, &
CONTINUE doing?

3 activities from today; 2 you will tell a
friend; 1 you will do tomorrow