Ready
• 4 cones (for boundaries)
• Music: “Hawaiian Hand Clap” (SPARK K-2 Music CD or SPARKfamily.org)
• Music player

Set
• Create medium (20X20 paces) activity area.
• Pair students, then scatter them within the area.
• Have partners face one another.

GO! head
1. Introduction
   • The Hawaiian Roller Coaster Ride is a partner dance.
   • We’ll learn and practice 1 step at a time without the music first.

2. Dance Routine
   • 32 count intro, then 16 counts while bouncing
   • Part 1
     o Slap own thighs 2X (2 counts)
     o Palms down, cross hands in front of body R over L, L over R (2 counts)
     o Clap partner’s hands 2X (2 counts)
     o Tap partner’s knuckles 2X (2 counts)
     o Repeat Part 1 for a total of 6X (48 counts)
   • Part 2
     o Slap thighs 1X (1 count)
     o Clap partner’s hands 1X (1 count)
     o Repeat Part 2 for a total of 8X (16 counts)
   • Part 3
     o Slap thighs and side-step 1X (1 count)
     o Clap partner’s hands while stepping together 1X (1 count)
     o Repeat part 3 for a total of 8X (16 counts)
   • Repeat from start to end of song. After the 3rd time through, repeat Part 2 for 16 counts before beginning again.

3. Let’s try it with the music.

4. Wrap It Up
   • Did you enjoy dancing with a partner? Does having a partner make it more fun?
   • Has anyone ever danced at a wedding or special event with a partner?
**Whole Class**

(Gradually add pairs to groups until the entire class is performing the dance in 1 large circle.)

**In Rounds**

In groups of 4, partners facing, partner A begins Part I with thigh slaps and follows the original sequence; partner B begins Part I with knuckle taps and continues with thigh slaps, crisscross, and hand claps.

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**DANCE**

#1 Identify and demonstrate movement elements and skills in performing dance

#2 Understand choreographic principles, processes and structures

#4 Apply and demonstrate critical and creating thinking skills in dance

#5 Demonstrate and understand dance in various cultures and historical periods

#7 Make connections between dance and other disciplines

**Your State** (Write in here)

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**PAULA’S POINTERS**

- For novice learners, teach as an individual (not partner) dance the first time. Do all partner claps as solo claps in the air.
- This song has a 15 second introduction.

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**NOTES**

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