

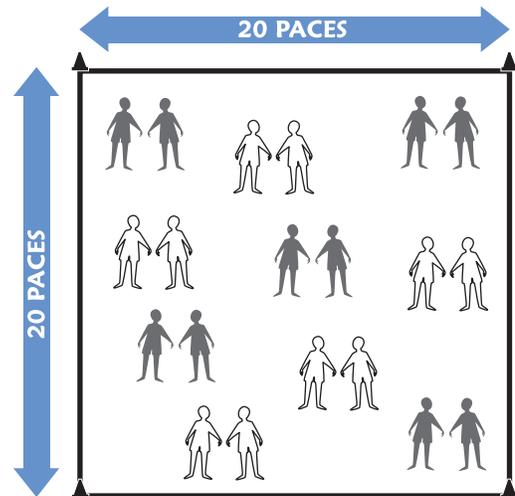


Ready

- 4 cones (for boundaries)
- *Music:* “Hawaiian Hand Clap”
(*SPARK K-2 Music CD or SPARKfamily.org*)
- Music player

Set

- Create medium (20X20 paces) activity area.
- Pair students, then scatter them within the area.
- Have partners face one another.



GO! head

1. Introduction

- The *Hawaiian Roller Coaster Ride* is a partner dance.
- We’ll learn and practice 1 step at a time without the music first.

2. Dance Routine

- 32 count intro, then 16 counts while bouncing

• Part 1

- Slap own thighs 2X (2 counts)
- Palms down, cross hands in front of body R over L, L over R (2 counts)
- Clap partner’s hands 2X (2 counts)
- Tap partner’s knuckles 2X (2 counts)
- Repeat Part 1 for a total of 6X (48 counts)

• Part 2

- Slap thighs 1X (1 count)
- Clap partner’s hands 1X (1 count)
- Repeat Part 2 for a total of 8X (16 counts)

• Part 3

- Slap thighs and side-step 1X (1 count)
- Clap partner’s hands while stepping together 1X (1 count)
- Repeat part 3 for a total of 8X (16 counts)

- Repeat from start to end of song. After the 3rd time through, repeat Part 2 for 16 counts before beginning again.

3. Let’s try it with the music.

4. Wrap It Up

- Did you enjoy dancing with a partner? Does having a partner make it more fun?
- Has anyone ever danced at a wedding or special event with a partner?

HAWAIIAN ROLLER COASTER RIDE

*SPARK™ IT UP!

* Whole Class

(Gradually add pairs to groups until the entire class is performing the dance in 1 large circle.)

* In Rounds

In groups of 4, partners facing, partner A begins Part I with thigh slaps and follows the original sequence; partner B begins Part I with knuckle taps and continues with thigh slaps, crisscross, and hand claps.



ACADEMIC

Language Arts

Let's learn a little about the Hawaiian language. The Hawaiian alphabet has just 12 letters. They are A, E, I, O, U and H, K, L, M, N, P, and W. Vowels are pronounced as in Spanish. Let's learn the words for eye (maka), nose (ihu), mouth (waha), bellybutton (piko), belly (opu), and hand (lima).



STANDARDS ADDRESSED

DANCE

#1 Identify and demonstrate movement elements and skills in performing dance

#2 Understand choreographic principles, processes and structures

#4 Apply and demonstrate critical and creating thinking skills in dance

#5 Demonstrate and understand dance in various cultures and historical periods

#7 Make connections between dance and other disciplines

Your State (Write in here)



PAULA'S POINTERS

- For novice learners, teach as an individual (not partner) dance the first time. Do all partner claps as solo claps in the air.
- This song has a 15 second introduction.

NOTES

