



SPARK Alignment to the Common Core

Making the Connections – Meeting the Standards

SPARK Elementary Physical Education (Grades K-5)

English Language Arts & Literacy in Technical Subjects

As a research-based, public health organization, SPARK is committed to the holistic development of all students. The Common Core State Standards provide an important framework that highlights the educational value and depth of SPARK programs and educational materials.

The following document provides an overview of how the SPARK Physical Education (PE) programs Grades K-2 and 3-6 align with Common Core State Standards in English Language Arts and Literacy in Health and PE. As you review this document note:

1. SPARK Elementary PE Programs are designed for students in Grades K-6, while the CCSS Elementary standards are written toward K-5 grade levels. Therefore, you'll read a reference to SPARK 3-6 PE below standard references for grades 3-5. Alignment to CCSS Standards for grade 6 are referenced in another document.
2. The sample resources and activities provided illustrate SPARK's alignment to the standards, yet do not represent a complete list of resources for each benchmark. SPARK provides these examples to offer educators quick access to one or two relevant resources.

Table of Contents:

Reading Standards K-5.....Pg. 1

Writing Standards 3-5.....Pg. 3

Speaking And Listening Standards K-5Pg. 4

Language Standards K-5.....Pg. 4

READING STANDARDS K-5

SPARK K-6 PE lessons, activities, and resources offer rich opportunities for students to develop, practice, and anchor the reading skills defined in the Common Core State Standards for English Language Arts. In each of the following sections, SPARK has identified focus standards within the Common Core State Standards that align with SPARK K-6 PE educational materials. Additionally, there are Sample Resources within each elementary program that aide students working towards grade-level reading performance.

Reading for Literature

Focus standard: Key Idea and Details

Grades K-2: Identify characters; describe them and major events/challenges in a story.

Sample Activities:

- I See, I See (K-2 PE ASAP), Toys Alive (K-2 PE ASAP)

Reading Informational Text

Focus standard: Key Ideas and Details

Grades K-2: Ask and answer questions about key details in a text (e.g., who, what, where, when, why, and how).

Sample Resources:

- K-2 PE Expectation Cards and K-2 PE Peaceful Resolution Cards

Grades 3-5: Describe relationships and explain events, procedures, ideas or concepts in a scientific or technical way.

Sample Resources:

- [3-6 PE Self-Check Performance Unit Assessments](#)
- [3-6 PE Home Play Student Handouts](#)
- 3-6 PE Partner and Group Activity Challenge Task Cards

Focus standard: Craft and Structure

Grades K-2: Ask and answer questions to help determine or clarify the meaning of words and phrases in a text. Know and use various text features (e.g., captions, icons, etc.). Use illustrations/images in a text to gather information about key ideas.

Sample Resources:

- [K-2 PE Unit Skill Cards](#)
- K-2 PE Building a Foundation Grab Bag Cards
- K-2 PE Unit Task Cards

Grades 3-5: Determine the meaning of academic and domain-specific words or phrases in a text relevant to grade-level topics or subject areas.

Sample Resources:

- [3-6 PE Unit Skill Cards](#)
- 3-6 PE Unit Self Checks
- 3-6 PE Home Play Student Handouts
- [3-6 PE Challenge and Hunt Task Cards](#)
- 3-6 PE Circuit Task Cards

Focus standard: Integration of Knowledge and Ideas

Grades K-2: Understand the relationship between text and illustrations. Use Illustrations and diagrams to describe key ideas.

Sample Resources:

- [K-2 PE Unit Skill Cards](#)
- K-2 PE Unit Task Cards
- K-2 PE Building a Foundation Movement Cube Cards

Grades 3-5: Interpret information presented visually, orally, or quantitatively (charts, diagrams, etc.) and explain how the information contributes to an understanding of the text/content.

Sample Resources:

- 3-6 PE Map Challenges Maps
- [3-6 PE Group Challenge Task Cards](#)
- 3-6 PE Personal Best Day Fitness Challenge Prompt Pages

Focus standard: Range of Reading and Level of Text Complexity

Grades K-5 Read and comprehend informational texts appropriately complex for student grade level.

Sample Resources:

- [K-2 PE Grab Bag Cards](#)
- [K-2 & 3-6 PE Unit Skill Cards](#)
- 3-6 PE Unit Task/Challenge Cards
- 3-6 PE Coulda, Shoulda, Woulda Character Education Assessments

Foundational Reading Skills

Focus standard: Phonics and Word Recognition

Grades K-5: (1) Know and apply grade-level phonics and word analysis skill in decoding words. (2) Read with sufficient accuracy to support comprehension.

Sample Resources:

- K-2 PE Grab Bag Cards
- K-2 & 3-6 PE Unit Skill Cards
- 3-6 PE Unit Task/Challenge Cards
- 3-6 PE End of Unit Knowledge Tests

WRITING STANDARDS 3-5

This section lists SPARK 3-6 PE instructional materials that target specific College and Career Readiness Anchor Standards for Writing as defined within the Common Core K-5 Writing Standards. This information provides teachers and administrators with examples of meaningful and grade level appropriate content included in SPARK elementary PE programs. There are additional resources available that address each of the bulleted writing standards.

3-6 PE Coulda, Shoulda, Woulda Character Education Journaling Pages

- Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.
- Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
- Write routinely over shorter time frames (a single sitting) for a range of tasks, purposes, and audiences.

3-6 PE Group Fitness Create A Routine Task Card

- Write informative/explanatory texts to convey complex ideas and information clearly and accurately through effective selection, organization, and analysis of content.
- Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
- Conduct short research projects based on focused questions, demonstrating understanding of the subject under investigation.

3-6 PE Walk/Jog/Run Think About...

- Write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence.
- Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
- Write routinely over shorter time frames (a single sitting) for a range of tasks, purposes, and audiences.

3-6 PE Softball Create A Game Task Card

- Write informative/explanatory texts to convey complex ideas and information clearly and accurately through effective selection, organization, and analysis of content.
- Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

SPEAKING AND LISTENING STANDARDS K-5

SPARK K-6 PE lessons and activities offer rich opportunities for students to develop, practice, and anchor the skills defined in the Common Core State Standards for Speaking and Listening. In each of the following sections, SPARK has identified focus standards within the Common Core State Standards that align with SPARK K-6 PE educational materials. Additionally, SPARK provides examples within each elementary program that help students work toward grade-level Speaking and Listening performance.

Focus standard: Comprehension and Collaboration

Grades K-2: Participate in collaborative conversations with diverse partners about grade level topics with peers and adults in small and large groups. Ask and answer questions about key details in information presented orally.

- K-2 PE Wrap It Up Sections on each SPARK Activity Plan – Provides questions and topics to prompt discussion.
- K-2 PE Integration boxes on each SPARK Activity Plan – Provides extended information to prompt discussion either in class or at home.
- K-2 PE Home Play Handouts – Provide information and ideas for engaging the family in healthy behaviors and discussions at home.

Grades 3-5: Engage effectively in a range of collaborative discussions with diverse partners on grade level topics, building on others' ideas and expressing their own clearly.

- 3-6 PE Teaching Social Skills Teaching Cues – Provide suggestions for facilitating social skills discussions.
- 3-6 PE Partner Challenges – Facilitates collaborative discussions as partners work toward completing cooperative tasks.
- 3-6 PE Home Play Handouts – Provide information and ideas for engaging the family in healthy behaviors and discussions at home.

Focus standard: Presentation of Knowledge and Ideas

Grades 3-5: Report on a topic or text in an organized manner, using appropriate facts and relevant details to support main ideas or themes. Speaks clearly at an understanding pace.

- 3-6 PE Partner Muscular Strength and Endurance – Prompts students to relay information to a partner from a task card, while also offering words of encouragement.
- 3-6 PE Movement Band Create A Routine Task Card – Groups of students verbally and physical lead the class through self-created routines.

LANGUAGE STANDARDS K-5

SPARK K-6 PE lessons and activities provide an appropriate setting for students to practice the knowledge of language in spoken, written, and text-based formats. The following sections identify focus standards that align with SPARK K-6 PE activities and provide examples within each program that can be used to help students work toward master of language and its conventions.

Focus standard: Vocabulary Acquisition and Use

Grades K-5: Acquire and use accurately grade-appropriate domain-specific words and phrases that are basic to a particular topic.

- K-2 PE Manipulatives Skill Cards
- 3-6 PE Unit Self-Checks