

Hearty Hoopla

Ready

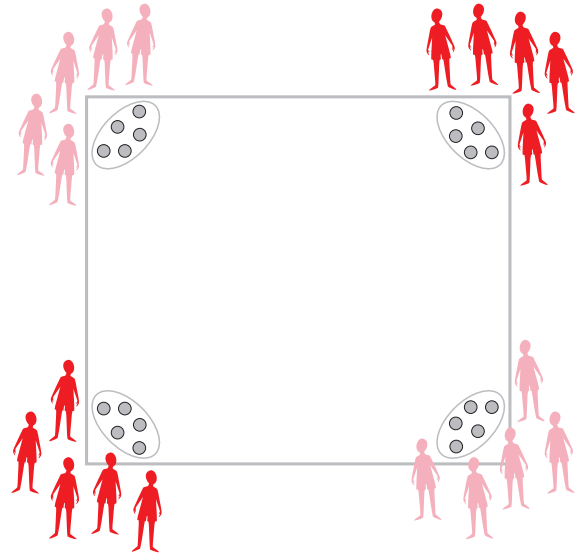
- 4 cones (for boundaries)
- 4 hoops
- 1 beanbag (or other collectable) per player

Set

- Create a large (30x30 paces) activity area with 1 hoop in each corner.
- Evenly distribute beanbags in the 4 hoops.
- Form 4 equal groups; 1 per hoop.

GO!

1. The object of **Hearty Hoopla** is to collect beanbags from other hoops and bring them to your home hoop.
2. On signal, walk quickly to any other hoop and pick up 1 beanbag. Return it to your group's home hoop, and then repeat at another hoop.
3. Rules
 - You may only take 1 beanbag at a time.
 - Visit all hoops before returning to any of them.
 - Place (don't throw) the beanbag in your hoop.
 - No defending your hoop.
4. Continue until the stop signal when we'll count the beanbags to see which group has collected the most. They will score 1 point for that round.
5. *(Play several rounds and change the locomotor skill each round; moving from light to moderate to vigorous. Downplay the points.)*



Variations

- Clean Your Refrigerator
 - All of the beanbags represent junk food inside of your refrigerator (*hoop*). The goal is to take 1 of your junk food items and put it into another team's refrigerator. *(Original rules apply).*

