

## SPARK Alignment with Iowa Early Childhood Physical Education Standards Early Childhood (2011 Version)

Standard	Suggested Assessments	Sample SPARK Activities	Corresponding SPARK Unit
<b>Area 7 Physical Well-Being and Motor Development</b>			
<p><b>7.1 Healthy and Safe Living</b> Children understand healthy and safe living practices. The child:</p> <ul style="list-style-type: none"> <li>• Begins to recognize and select healthy foods</li> <li>• Follows healthy self-care routines</li> <li>• Demonstrates safe behaviors regarding the environment</li> </ul>	<ul style="list-style-type: none"> <li>• Building Blocks Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>• Orientation and Expectations</li> <li>• Personal Space</li> <li>• Starting and Stopping</li> </ul>	<ul style="list-style-type: none"> <li>• Building Blocks</li> <li>• Building Blocks</li> <li>• Building Blocks</li> </ul>
<p><b>7.2 Play and Senses</b> Children engage in play to learn. The child:</p> <ul style="list-style-type: none"> <li>• Participates in a variety of indoor and outdoor play activities that increase strength, endurance, and flexibility.</li> <li>• Uses sights, smells, sounds, textures, and tastes to discriminate between, explore, and experience activities and materials.</li> </ul>	<ul style="list-style-type: none"> <li>• Building Blocks Performance Rubric</li> <li>• Super Stunts Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>• Running</li> <li>• Act Like You Are In a Zoo</li> <li>• Animal Movements III</li> <li>• Circus Act</li> <li>• Auditory Discrimination</li> <li>• I see, I See!</li> </ul>	<ul style="list-style-type: none"> <li>• Building Blocks</li> <li>• Musical ASAPs</li> <li>• Super Stunts</li> <li>• Hoop It Up</li> <li>• Building Blocks</li> <li>• Super Stunts</li> </ul>

Standard	Suggested Assessments	Sample SPARK Activities	Corresponding SPARK Unit
<p><b>7.3 Large Motor Development</b>  Children develop large motor skills.  The child:</p> <ul style="list-style-type: none"> <li>Shows control and balance in locomotor skills, such as walking, running, jumping, hopping, marching, galloping, and skipping.</li> <li>Shows abilities to coordinate movements with balls, such as throwing, kicking, catching, and bouncing.</li> </ul>	<ul style="list-style-type: none"> <li>Building Blocks Performance Rubric</li> <li>Super Stunts Performance Rubric</li> <li>Fluffball Fun Performance Rubric</li> <li>Beanbag Bonanza Performance Rubric</li> <li>Have a Ball Performance Rubric</li> <li>Fancy Feet Performance Rubric</li> </ul>	<ul style="list-style-type: none"> <li>Side-Sliding</li> <li>Skipping</li> <li>Leaping</li> <li>Animal Movements III</li> <li>Underhand Throwing</li> <li>Underhand Throwing</li> <li>Station Play</li> <li>Kicking for Distance</li> <li>Kicking for Accuracy</li> <li>Walk and Kick</li> </ul>	<ul style="list-style-type: none"> <li>Building Blocks</li> <li>Building Blocks</li> <li>Building Blocks</li> <li>Super Stunts</li> <li>Fluffball Fun</li> <li>Beanbag Bonanza</li> <li>Have a Ball</li> <li>Fancy Feet</li> <li>Fancy Feet</li> <li>Fancy Feet</li> </ul>