**Bolos**

* Knock down the pins by rolling the ball from the starting line. When you knock pins down, set them up for your next round.
* How many can you score before the signal?

**Básquetbol**

* Using an underhand toss, shoot yarnballs into the basket. When all have shot, retrieve your yarnballs and play again.
* How many can you score before the signal?
**Bolos**

**Ready**
- 1 place-holder for pins (spot markers work well) per student at station
- A starting line (spot marker, line on floor, etc.)
- 1 small ball per student at station
- 2 bowling pins (or cones, water bottles, etc.) per student at station

**Set**
- Lay place-holders 3-5 paces from the starting line and 2 paces apart. Place 2 bowling pins on each.
- Students stand at the starting line to bowl, each with a ball.

**Básquetbol**

**Ready**
- 5 yarnballs per student at station (or balled-up paper, fluffballs, etc.)
- 1 basket (or box, trashcan, etc.)
- 1 spot marker per student at station

**Set**
- Place target in center of station.
- Place spot markers in a circle 5-7 paces from target. Distribute yarnballs to spot markers.
- Students stand on spot markers and throw to target.
Lanzamiento de Puntería

* Stand on a spot marker and aim at the hoop. Throw 1 ball **over** the target. Throw 1 ball **into** the target.
* How many can you score before the signal?

Lanzar y Atrapar

* Toss the beanbag and catch it without leaving your spot.
* Toss with 1 hand and catch with 2 hands. Now try to catch with 1 hand.
* Can you alternate hands?
Catching and Throwing

Ready
- 1 spot marker per student at station
- 3-5 yarnballs (or beanbags) per student at station
- 1 hoop

Set
- Place target (hoop) in center of station.
- Place spot markers in a circle 5-7 paces from target. Distribute yarnballs to spot markers.
- Students stand on spot markers and throw to hoop.

Lanzamiento de Puntería

Ready

Set

Lanzar y Atrapar

Ready
- 1 beanbag per student at station
- 1 spot marker per student at station

Set
- Place spot markers in station area, each with a beanbag on it.
- One student per spot.
CATCHING AND THROWING

**Dar la Vuelta a la Crepa**

- Put the beanbag on the palm of your hand. Flip it like a pancake and catch it.
- Now try to catch it on the back of your hand.

**Lanzar, Aplaudir, y Atrapar**

- Toss beanbag and clap your hands before you catch it.
- How many times can you clap before catching the beanbag?
- Try to stay on your spot.
Dar la Vuelta a la Crepa

**Ready**
- 1 beanbag per student at station
- 1 spot marker per student at station

**Set**
- Place spot markers in station area, each with a beanbag on it.
- One student per spot.

Lanzar, Aplaudir, y Atrapar

**Ready**
- 1 beanbag per student at station
- 1 spot marker per student at station

**Set**
- Place spot markers in station area, each with a beanbag on it.
- One student per spot.