

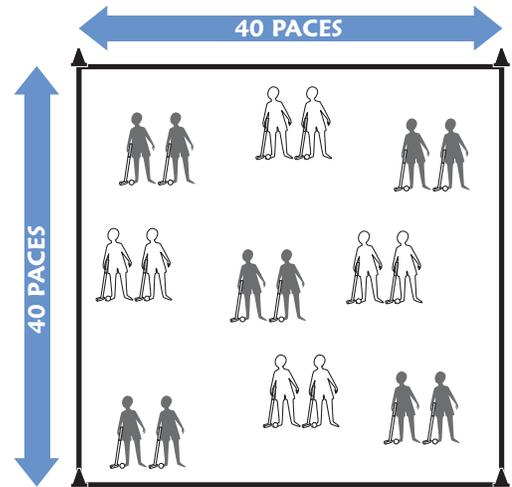


## Prep

- 4 cones (for boundaries)
- 1 putter per student
- 1 ball per student
- *Putting Skill Card* ([SPARKfamily.org](http://SPARKfamily.org))

## Set

- Create large (40X40 paces) activity area on a turf field (or grass mowed short) or blacktop.
- Scatter pairs throughout activity area, each student with a putter and ball.



## Teach

1. In *Bocce Golf* you will practice putting with a partner. A golf ball is about 1/3 the size of the hole. That can be a pretty tight fit. The more you practice putting, the easier it will be to get the ball where it needs to go.
2. The object of *Bocce Golf* is to see how many putts it takes for you to reach your partner's putt.
3. Partner A: Putt your ball into open space 5-20 paces away. Your ball is the target.
4. Partner B: How many putts do you need to get within a club's grip-length (the handle of your putter) of your partner's ball?
5. Change roles and repeat.
6. **Cues**
  - Focus on your putting technique as you play.
  - Keep putter head low.
7. **Challenges**
  - How close can you putt to your partner's ball on your first putt?
  - Can you beat your previous score?
8. **Think About...**
  - What changes did you make to your technique as you played?
  - What did you think about while you were putting?
  - Give a thumbs-up if thinking about your technique helped you putt better.

# BOCCE GOLF

## EXTENSIONS

### Choose a Target

*(Each student uses 2 balls instead of 1.)*  
Partner A putts 2 balls into open space. Partner B has 2 shots to get within 1 club grip-length of either of the balls. Partner B gets 1 point for each ball that is within 1 club grip-length of either ball.

### Aim for Both

*(Each student uses 2 balls instead of 1.)*  
Partner A putts 2 balls into open space. Partner B must putt to each of the balls and get within 1 club grip-length. Partner B gets 1 point for each ball that is within 1 club grip-length of each ball. Players receive 1 bonus point if both balls are within 1 club-length.



## GLOBAL INTEGRATION

The sport of golf is a great example of how global influences make their way into our lives. The modern game of Golf comes to the world via Scotland. It was once actually outlawed by Scotland's King James II because it was an, "unprofitable distraction," and he favored archery. Today, Golf is played all around the world and is very profitable to a few very talented professionals. So, if you like golf – thank the Scottish and don't forget your plaid knickers!



## STANDARDS ADDRESSED

### NASPE

- #1, 2 Body awareness, exercise techniques
- #3, 4 Participation in golf
- #5, 6 Safety, accepting challenges

**Your State** (Write in here)

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## TEACHING TIPS

- Teach and emphasize safety.
- Students may be tempted to hit the ball as far as they can. Make sure to impose a limit on how far they can putt their target balls.
- Reduce the time spent giving instruction by stating the desired outcome first, then 1 or 2 steps to achieve it.

### NOTES

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