Prep
• 4 spot markers or cones per 8 students (for boundaries)
• 4 tall cones per 8 students (for goals)
• 1 pinnie per 2 students
• 1 ball per 8 students

Set
• Create long, narrow (30X15 paces) grid per group of 8.
• Place 2 tall cones 3-4 paces apart on each endline to form goals.
• Form groups of 4; 2 groups and 1 ball per field. One group wears pinnies and begins on Offense.

Teach
1. In Mini-Soccer you will combine the soccer skills of dribbling, passing, defending, and shooting to play a mini-game.
2. Each group has 2 Forwards (Offense), and 2 Fullbacks (Defense). No Goalie.
3. Play begins with pinnies on Offense at midfield.
4. Rules
   • To score a goal, the ball must go between and no higher than the tall cones.
   • Balls above cone-height are out-of-bounds and are awarded to the Defense.
   • Balls kicked out-of-bounds on sidelines are thrown in by the other team; balls out-of-bounds on endlines are kicked back into play by the other team.
   • After a score, non-scoring group restarts as Offense at mid-field.
   • Rotate positions (Forwards/Fullbacks) on signal (every 3-5 minutes).
5. Cues for Forwards
   • Move to open space.
   • Use the give and go.
   • Look up the field.
6. Cues for Fullbacks
   • Discuss defensive strategy with your groupmates. Either mark the Forward (player-to-player), or play a zone on the defensive half of the field.
   • Block passing lanes.
7. Challenge:
   • How quickly can you get the ball back in play after going out-of-bounds?
   • Can you pass to all your groupmates before scoring?
8. Think About…
   • Which soccer skill do you think are most important during game play? Why?
**MINI-SOCCER**

### EXTENSIONS

- **5-Pass**
  Before scoring a goal, your group must pass the ball at least 5X.

- **Add a Goalie**
  This time play with a Goalie. (*Make goals 5 paces wide.*)

### HOME INTEGRATION

Use your local park – your cardiovascular system will thank you. Here’s what you need: 1 ball, 4 goal markers (hats and sweatshirts work well), and 6 to 12 friends. Set up a field with 2 goals, keep the rules basic, and get your game on. Use Rock, Paper, Scissors to solve disputes. Screaming fans are optional.

### STANDARDS ADDRESSED

- **National PE Standards**
  - **Movement/Skills:** Dribbling, passing, trapping, shooting, defending, combining skills
  - **Fitness:** Aerobic capacity
  - **Personal/Social:** Team play, cooperation

**Your State** *(Write in here)*

### TEACHING TIPS

- Teach students to attempt to settle disagreements before going to the teacher (e.g., use rock, paper, scissors).
- **Pinnies Rule:** Group wearing pinnies begins on Offense and always goes in the same direction.
- Watch for lopsided contests. Pair groups with similar ability.

### NOTES

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