



Message From the President

Darlene Koerber

Stepping Into the Change and Making it Our Own

This has been an extremely challenging year with all the changes happening at the national, district and state levels. We are fortunate to have dedicated leaders on our Leadership Council to take on the changes and develop plans to make them our own, and we are continuing to work on that task.

Last October we had our Council of Future Professional (CFP) Leadership Conference at Pokagon State Park in Angola, IN. This conference was a huge success due to the diligence of the planning committee, which provided a fantastic program for our young professionals. I was so impressed to see the enthusiasm and desire of the young professionals. Our future looks bright when we have such passionate professionals

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midwest district

New Officers Elected

Regimbal named District President-Elect

Dr. Celia Regimbal from Toledo, OH, was recently elected to the position of president-elect of SHAPE America Midwest District, during the 2015 elections. Dr. Regimbal is currently an associate professor at the University of Toledo.

She has served in a variety of positions in the past 28 years, including NCAA faculty representative, assistant dean of the College of Education and Allied Professions, interim director of Off-Campus Education and coordinator of the Elective Skills Program.

Dr. Regimbal is a graduate of The University of Florida, where she received both her bachelor's and master's



Celia Regimbal

degrees in physical education and was honored with the Distinguished Alumni Award. She earned an Ed.D. from the University of Northern Colorado. She further studied at the University of Madrid, Spain.

Dr. Regimbal's teaching experience includes all levels, from elementary to grad-

uate school, in the states of Florida, Wyoming, Colorado and Ohio. She has previously served as president of the Ohio Association for Health, Physical Education, Recreation and Dance. She also recently completed a three-year term, representing the Midwest District

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District Leadership Council

2014-15

PRESIDENT

Darlene Koerber

PAST-PRESIDENT

Mike Roskamp

PRESIDENT-ELECT

Kim Duchane

RECORDING SECRETARY

John Roncone

TREASURER

Sue Long

PARLIAMENTARIAN

Marilyn Buck

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VP-DSPE COUNCIL

Vacant

VP-HEALTH COUNCIL

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Catherine Powell

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IN REPRESENTATIVE

Karen Hatch

MI REPRESENTATIVE

Cherie Welch

OH REPRESENTATIVE

Pam Bechtel

WV REPRESENTATIVE

Karen Bonnett

WI REPRESENTATIVE

Keith Bakken

CFP REPRESENTATIVE

Stephanie Tabor

CFP ADVISORS (Ex Officio)

Rhonda Hovatter &
Kelli Dyer

New District Officers

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on the AAHPERD Board of Governors. Dr. Regimbal will serve a three-year term in the Midwest District president rotation and will be the Midwest District president during the 2016-17 year.

Other officers elected during the recent election were: Dale Berry, Grand Valley State University, MI, John Roncone, University of Akron, OH, and Dan Timm,



Dale Berry



Dan Timm



John Roncone

University of Wisconsin-Madison. These individuals were elected to serve a two-year term on the newly formed District Leadership Council. They will serve from

2015-2017.

All districts are currently in a transition year, moving from a Board of Directors (16 voting members in Midwest District) to a nine-member District Leadership Council. All members serve two-year terms and are elected at large by district members. The election cycle and transition will be complete by 2016.

President's Message

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entering our field and continuing our life's work. Our participants received the Physical Activity Leader (PAL) training during the conference. This year our CFP advisors were Rhonda Hovatter from Shepherd University, WV, and Kelli Dyer from Ohio University. Stephanie Tabor, our CFP chair from the University of Michigan, was also instrumental in the planning of the conference. Their enthusiasm for our profession will help our organization to remain strong.

I would also like to congratulate our newly elected members for the Leadership Council of Midwest District. President-elect is Dr. Celia Regimbal, who has been a dedicated member of Midwest for several years. I am looking forward to having Celia and her expertise guiding us into the future. Celia teaches at the University of Toledo, OH. I also would like to congratulate the other new members of our Leadership Council, Dale Berry from Grand Val-

ley State, MI, John Roncone from the University of Akron, OH, and Dan Timm from the University of Wisconsin Madison, WI. These leaders will join those whose terms have not expired and two interim appointees on our newly restructured nine-member Leadership Council for 2015-16.

Last June our Leadership Council worked diligently on our "District Transition Plan." We have set up our plan for "stepping into the change and making it our own." We are working to make the transition as smooth as possible for our members and to provide services our members need and deserve. I have the utmost respect for our dedicated members who take time out of their summer, weekends and evenings to produce these plans and come up with ways to meet the needs of our members. This summer Kim Duchane will lead our council as he serves as our next president of Midwest District.

Make a difference in the lives of your students.

Jump Rope For Heart and Hoops For Heart are educational fund-development programs. Each year more than 7 million children participate in a service learning event, engaging teachers, schools and their community in a shared collaboration to improve the health and educational success of students.

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- professional development
- networking opportunities

Students learn

- heart healthy living
- physical activity skill-building
- civic engagement
- teamwork and cooperation

Schools can

- increase access to PE
- earn equipment vouchers
- promote student success and well-being



Sign up to hold an event in your school and shape a new generation of healthy, physically active and engaged citizens!

Learn more! shapeamerica.org/jump

WHPE Members Involved with WASB: “Every Child, Every Day”

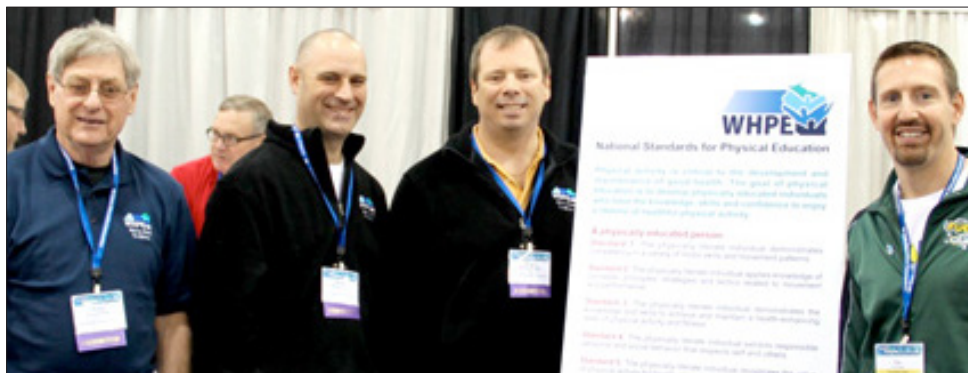
By Kris Fritz, WHPE Past President

The 94th State Education Convention for Wisconsin Association of School Boards (WASB) members and administrators was held on January 21-23, 2015, in Milwaukee, WI. This convention offers school leaders an opportunity to interact with numerous exhibitors and provides breakout sessions in seven tracks (community engagement, facilities, human resources, leadership, school finance, school law and student achievement).

Wisconsin Health and Physical Education (WHPE) members Keith Bakken, Brett Fuller, Doug Kane, Jan Kunert, Brian Marx and Wendy Monson staffed an informational booth in the exhibit hall over two days. They showed a video showcasing effective physical education (PE) and engaged visiting school personnel in conversation on the need for high-quality PE involving standards and assessments.

Booth attendees were given a WHPE water bottle, information on association membership and handouts related to quality PE programs involving assessment. School Board members and administrators who stopped at the booth represented both urban and rural schools ranging in size from small to large and covering the entire geographic area of the state.

The second phase of WHPE participation in the WASB event was a breakout session in the “student achievement” track. “Plan, Teach, Assess and Achieve through Physical Education” was presented by Kris Fritz, Tim Mueller and Brian Marx who involved their audience in sample activity lessons illustrating assessment. The presenters were assisted by students from Greenfield Bilingual School and their Fuel Up to Play



Top: (l to r) Doug Kane, WHPE past president; Brian Marx, WHPE past president; Brett Fuller, WHPE president; and Tim Mueller, WHPE member and WASB conference presenter.

Bottom: Some of the student presenters with WHPE staff.

60 instructor, 2014 Midwest Elementary Teacher of the Year, Gail Milbrath.

We wish to thank Julie Frank and SPARK for their sponsorship of this year's event, which correlates with the 25th anniversary of SPARK. Attendees at the breakout session were impressed with, as one individual said, “the quality of presenters and the amount of information.” Another board member expressed thanks for receiving the WHPE handouts and donated SPARK pedometers and pens. A retired librarian, now a School Board member, commented, “Everyone looked very professional, including the student demonstrators in their matching SPARK shirts.” Additional thanks are extended to SPARK for making this year's WASB event successful by ‘sparking’ enthusi-

asm and support for physical education.

The participation of WHPE in the School Board event began more than five years ago thanks to a then-AAHPERD Midwest District advocacy grant. It has continued because WHPE CEO Keith Bakken and the Board of Directors have seen its value and support it financially.

WHPE secretary Jan Kunert, who chairs the event coordination efforts, said, “Each year this event has grown in both quantity and quality. It is gratifying to be able to work with the professional members, who together through their involvement in this event are making progress toward improving the level of physical education programs taught in Wisconsin.”

2014 Student Leadership Conference



Nearly 60 students from the six Midwest District states were in attendance at the October 2014 Student Leadership Conference.



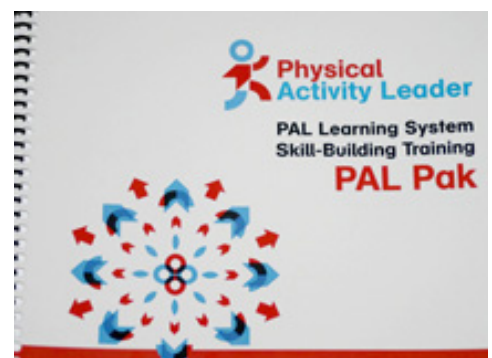
Above left: Midwest District Council of Future Professionals Chair Stephanie Tabor, University of Michigan, leads students in the Icebreaker Challenge. Above right: Icebreaker Challenge.



Midwest District Student Advisors Kelli Dyer (l) and Rhonda Hovatter (r)



Midwest District Secretary Dr. John Roncone (l) leads some students through "speed interviews."



The 2014 Student Leadership Conference included Physical Activity Leader (PAL) training for all participants.

(Top right) "What is a Leader?"

(Bottom left) The legendary and always popular "Potato Bar" at Pokagon.

(Bottom right) Great leaders always come back to help! Shown are past and present Midwest District presidents who assisted with the 2014 Student Leadership Conference. (l to r) David Anspaugh, Karen Hatch, Mike Roskamp, Kim Duchane, Darlene Koerber and Marilyn Buck.



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- Learn from the world’s best known Physical Education “Social Media Mavens.”
- Interact with others who have implemented data-driven assessment practices; and
- See how technology can be used with sound K-12 assessment practices!

For the past three years, hundreds of K-12 Physical Education teachers from over 40 states and 6 countries have gathered to make the National PE Institute a resounding success. In 2015, we are honored to have another amazing line-up of keynote speakers and presenters:

World Renown Keynote Speakers:

- Jarrod Robinson (ThePEGeek.com) - **Australia**
- Andy Vasily (PYPPEwithAndy.com) - **China**
- Nathan Horne (iPhys-Ed.com) - **Singapore**
- Joey Feith (ThePhysicalEducator.com) - **Canada**
- Dr. Ash Casey (PEPRN.com) - **England**

State and National PE Teachers of the Year:

- John Smith, National PE TOY
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- Charla Parker, National PE TOY
- And many more!



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Pelley Recognized with Meritorious Service Award

SHAPE America Midwest District awarded the 2015 Meritorious Service Award to Fred L. Pelley, Jr. of Rockford, IL.

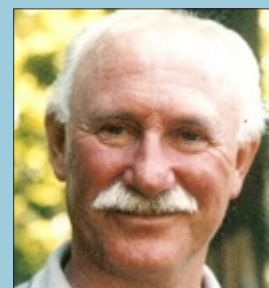
Pelley was presented with the award by Dr. Kim Duchane, Midwest president-elect, in November 2014 at the Illinois AHPERD Convention, the state's premier gathering of health and physical educators.

The Meritorious Service Award recognizes an individual who has demonstrated distinguished service to health, physical education, recreation, dance and sport.

"Recognizing and honoring professional excellence is one of the most important responsibilities SHAPE America has to its members," says Duchane. "Fred is

a person of personal integrity who has displayed a spirit of devoted service to the members of the Midwest District."

Pelley was a teacher in the Harlem Schools (IL) for more than 30 years. In addition to his work in his state's health and physical education association, he served as president of the Midwest District, as well as on virtually every committee established by the association. He also shared his expertise at several AHPERD national conventions over the years. In addition, Pelley has been an adjunct college instructor for Northern Illinois University and other institutions, track official, coach and mentor to many.



Fred L. Pelley, Jr.

"Fred is a person of personal integrity who has displayed a spirit of devoted service to the members of the Midwest District."

**— Kim Duchane,
Midwest president-elect**

Save the Date for OAHPERD's first annual *Summer Seminar*

2015 OAHPERD Summer Seminar
Friday, June 19, 2015
The Nutter Center
Wright State University

Featuring professional development sessions for Physical Education, Recreation, Adapted PE, and Health Education divisions.

Mark Your Calendar and Keep a Lookout for Additional Information at: www.obahperd.org

A circular logo with a white border. Inside, there are four colored segments: red, yellow, green, and blue. The text "Save the Date!" is in the red segment, "OAHPERD" is in the yellow segment, "Summer Institute" is in the green segment, and "June 19, 2015" is in the blue segment. A small OAHPERD logo is also in the red segment.

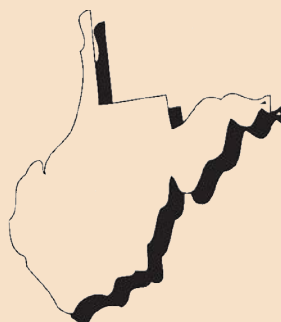
2nd West Virginia Physical Activity Symposium

March 30-31, 2015

Save the date and plan on joining other West Virginians committed to promoting physical activity at work, school, home or at play in every sector of our state. We want to continue the dialogue on how we can get West Virginia moving more! What is the purpose of the 2nd West Virginia Physical Activity Symposium?

This symposium is designed to:

- Celebrate West Virginia's successes in promoting physical activity in all population sectors
- Modify the ActiveWV 2015 West Virginia Physical Activity Plan's strategies and tactics based on shared experiences
- Build awareness and support for a statewide physical activity network to promote implementation of the new ActiveWV 2020 Plan
- Forecast future directions for our state



Representatives from physical activity initiatives across the state will highlight their accomplishments and share key lessons learned concerning sector-specific attempts at plan implementation. The afternoon program is scheduled to include section workgroup meetings targeting plan modification, evaluation and dissemination.

What will it cost?

Registration is free for the day-and-a-half conference, but pre-registration is required by Monday, March 23, and

can be done only through the website at www.wvphysicalactivity.org/symposium2015/.

Who should attend?

Anyone interested in promoting physical activity in West Virginia, be it in the workplace, schools, faith-based organizations, community organizations, parks and recreation, business and industry, infrastructure, economic development, healthcare individuals, leaders, etc.

Why should YOU attend?

To share what is working or not working in your community, to network with others, to find resources unique to West Virginia for your community or organization, and to provide input that will benefit your sector in the continued development of an effective Physical Activity Plan.

What's the agenda?

The program will begin on Monday evening, March 30, with a panel discussion engaging national and state leaders about their vision for a healthier and more active West Virginia. On Tuesday morning, March 31, repre-

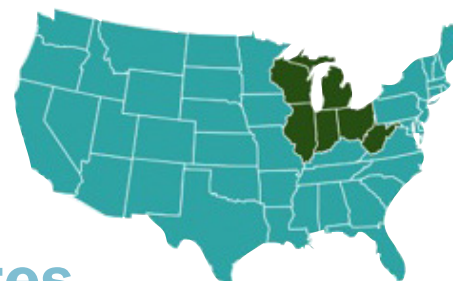
Registration is limited to 150 participants, so register today! Registration includes heavy hors d'oeuvres at Monday night's social, a continental breakfast on Tuesday morning, break refreshments and course materials.

Are there special hotel rates?

Yes, the Embassy Suites is offering a special rate of \$139 for a single room and \$149 for a double room for conference participants (see our website for more details).

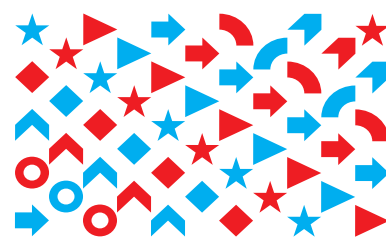
Can my organization become a sponsor?

Absolutely! For more information, call Eloise Elliott at 304-293-0869 or e-mail at eloise.elliott@mail.wvu.edu, or visit <http://www.wvphysicalactivity.org/symposium2015/>. Don't miss this opportunity to help West Virginia get more physically active! Save the date and share the date with others. But most importantly — be there!



Midwest District 2015 Important Dates

EVENT	WHERE	DATE
First Annual MAHPERD Region 2 Physical Education Workshop	Kenowa Hills High School Grand Rapids, MI	March 28
West Virginia AHPERD Physical Activity Symposium	Embassy Suites, Charleston, WV	March 30-31
Midwest District Spring Leadership Conference	Anderson University, Anderson, IN	June 15-17
Ohio AHPERD Summer Institute	Wright State University, Dayton, OH	June 19
Deadline for Items for Summer/Fall Issue of MW Happenings		July 15
Midwest District Fall Leadership Council Meeting/Student Leadership Conference	Pokagon State Park, Angola, IN	
• Student Leadership Conference		Oct. 1-3
• Leadership Council and Awards Committee Meeting		Oct. 2-3
Wisconsin WHPE Convention	Kalahari Resort, Wisconsin Dells, WI	Oct. 28-30
West Virginia AHPERD Convention	Pipestem State Park, Pipestream, WV	Oct. 29-31
Indiana AHPERD Convention	Wyndham West Hotel, Indianapolis, IN	Nov. 4-6
Michigan AHPERD Convention	The Lansing Center, Lansing, MI	Nov. 4-7
Illinois AHPERD Convention	Pheasant Run Resort, St. Charles, IL	Nov. 19-20
Ohio AHPERD Convention	Kalahari Resort, Sandusky, OH	Dec. 2-4



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