

SPARK Equity Awards Instructions

Individual Submissions

1. How To Apply

- Applications will be accepted December 1, 2025, through February 25th, 2026.
- Read all the grant information and options for resources to be funded (*resources on page 2*).
- Complete the online application form: [2026 SPARK Equity Awards Application Form- Individuals](#)
- Watch the [SPARK Equity Grants Webinar video](#) for additional information and explanation.
- You may only submit 1 application per school/organization.

2. Eligibility

The School of Exercise and Nutritional Sciences at San Diego State University is looking to award funding to districts/organizations who serve students/youth in low-income and underserved communities. Eligible applicants include:

- Individual teachers from both public and private schools.
- Public/private school districts.
- Organizations that provide physical activity for youth.
- Individuals/organizations who were not awarded a SPARK Equity Award the previous year.

3. Selection Criteria

The goal of the SPARK Equity Grants is to provide resources to support as many students/youth and programs as possible. The committee will evaluate applications based on:

- Needs of the district/organization/ students/community.
- Ability to effectively implement the SPARK program.
- Number of students/youth that will be directly impacted.
- The amount of money requested per student served.

4. Available Funding

- The foundation will distribute \$140,000 to awardees, including both individuals and organizations.
- Individual applicants will not submit for a monetary amount as you will select a package of curriculum, professional development and equipment that is worth a pre-determined value.
- Those awarded grant funding will not be receiving a check or money – the award is for the “goods & services”, paid for by the School of Exercise and Nutritional Sciences at San Diego State University.

5. Awarding Recipients

- A review team with expertise in SPARK programs, childhood physical activity, and health equity will rate the eligibility, documentation of need, and responses to the application items.
- Winners will be announced by April 6, 2026 on the SPARK website and social media.
- All applicants (funded or not) will be notified by email.
- Award recipients will be asked to complete a short survey after using the SPARK materials and are encouraged to post about their program implementation and successes on social media.

6. Questions, Information and Support

- For additional questions about the grants, read the [Frequently Asked Questions document](#).
- Watch our [recorded webinar](#) which explains the application process, eligibility & SPARK resources.
- For additional support, contact Jeff Mushkin at jeffmushkin@sparkpe.org or 507-676-8330.

7. SPARK Resource Bundles

- Below is the list of resources included with each SPARK program and the total value of the bundle.
- Submit your selection on question #16 in the SPARK Equity Grants Application Form.

SPARK Elementary Bundle	
Curriculum, Professional Development and Equipment Resources	Value
K-2 PE Set 3 (Printed binder, 3-yr digital access, SPARKfolio & 3-year digital access to K-2 Health Curriculum)	\$598.00
3-6 PE Set 3 (Printed binder, 3-yr digital access, SPARKfolio & 3-year digital access to 3-6 Health Curriculum)	\$598.00
Inclusive PE Guidebook (3-yr Digital Access)	\$99.95
SPARKacademy Online Training K-2 and 3-6 Modules	\$998.00
Equipment Pack	\$1,200.00
Estimated Total Value: \$3,493.95	

SPARK Middle School Bundle	
Curriculum, Professional Development and Equipment Resources	Value
MS PE Set 3 (Printed binder, 3-yr digital access, SPARKfolio & MS Health Curriculum- 3-yr digital access)	\$598.00
Inclusive PE Guidebook (3-yr Digital Access)	\$99.95
SPARKacademy Online Training Middle School Modules	\$499.00
Equipment Pack	\$1,700.00
Estimated Total Value: \$2,896.95	

SPARK High School Bundle	
Curriculum, Professional Development and Equipment Resources	Value
HS PE Set 3 (Printed binder, 3-yr digital access, and SPARKfolio)	\$598.00
Inclusive PE Guidebook (3-yr Digital Access)	\$99.95
SPARKacademy Online Training High School Modules	\$499.00
Equipment Pack	\$1,700.00
Estimated Total Value: \$2,896.95	

SPARK After School Bundle	
Curriculum, Professional Development and Equipment Resources	Value
After School Set 3 (Printed binder, 3-yr digital access, SPARKfolio & AS Health Curriculum 3-yr Digital Access)	\$598.00
SPARKacademy Online Training After School Modules	\$499.00
Equipment Pack	\$1,200.00
Estimated Total Value: \$2,297.00	

SPARK Early Childhood Bundle	
Curriculum, Professional Development and Equipment Resources	Value
Early Childhood Set 3 (Printed binder, 3-yr digital access, SPARKfolio & EC Health Curriculum 3-yr digital access)	\$598.00
SPARKacademy Online Training Early Childhood Modules	\$499.00
Equipment Pack	\$1,200.00
Estimated Total Value: \$2,297.00	

SPARK Active Classroom Bundle	
Curriculum and Equipment Resources	Value
Active Classroom Set 3 (Printed binder, 3-yr digital access, SPARKfolio & Health Curriculum 3-yr digital access)	\$498.00
Inclusive PE Guidebook (3-yr Digital Access)	\$99.95
Equipment Pack	\$1,000.00
Estimated Total Value: \$1,597.95	