






## Table Of Contents

<b>Introductory Pages</b>	<b>Page #</b>	
<b>Introduction</b>	iii	
<b>What You Have</b>	iii	
<b>How to Use It</b>	iv	
<b>Inclusive Strategies</b>	v	
<b>What You Need</b>	vii	
<b>Skill Builders</b>	<b>Page #</b>	<b>Grouping &amp; Integration</b>
<b>Ball Handling Drills</b>	1	
<b>Dribbling Drills</b>	3	
<b>Pivoting Drills</b>	5	
<b>Passing Drills</b>	7	
<b>Shooting Drills</b>	9	
<b>Activities</b>	<b>Page #</b>	<b>Grouping &amp; Integration</b>
<b>Grid Passing</b> Groups of 4. Player with ball passes to others, who move throughout grid.	11	
<b>Pass and Follow</b> Groups of 4-6 in 2-file lines facing. Pass ball to opposite side and run to follow.	13	
<b>Corner to Corner Give and Go</b> Groups pass ball around 4 corners in a give-and-go format.	15	
<b>Keep Away (2 on 1)</b> Offensive players pass and pivot to keep ball away from a defender.	17	
<b>3-Catch Basketball</b> 2 groups play offense/defense game. Object is to complete 3 passes in a row.	19	
<b>S-P-A-R-K</b> Pairs play similar to traditional "HORSE" game, where the object is to spell "SPARK."	21	
<b>Add 'Em Up</b> When their number is called, students dribble to basket and shoot. Others stay "home" and shoot to each other.	23	
<b>Around the Court</b> Shooters dribble and shoot at baskets and/or other targets in a circuit.	25	
<b>Mini-Basketball</b> Groups play each other in modified, mini-basketball style game.	27	



Individual



Pairs



Group



Academic



Home





Wellness



Fun

# Basketball

<b>PACE (Physically Active Choices to Enjoy) Activities</b>	<b>Page #</b>	<b>Grouping &amp; Integration</b>
<b>Partner Basketball Activity Challenge</b> Pairs practice various basketball skills on Partner Basketball Activity Challenge Task Card.	<b>29</b>	
<b>Basketball Skills Stations</b> Pairs practice various basketball skills at stations around perimeter.	<b>31</b>	
<b>Group Basketball Hunt</b> Connected by a rope, groups practice basketball skills on the Group Basketball Hunt Task Card.	<b>33</b>	