Learning Objectives
• Students will be able to cooperate with a partner.
• Students will be able to maintain control of a rolling hoop.
• Students will be able to catch a rolling hoop in a variety of ways.

Learning Targets
• I can work cooperatively with my partner.
• I can roll my hoop under control to my partner.
• I can demonstrate different ways to catch a rolling hoop from my partner.

Teaching Cues
• Lay your fingers just behind the top of the hoop.
• Push the hoop forward to roll it.
• Move your hands to keep the hoop rolling.

PREP
• 4 cones for boundaries
• 1 hoop per 2 students
• Music and player

SET
• Create 2 parallel lines 5 paces apart and long enough to spread half the class on each line.
• Pair students in partner face-off formation along the lines. Give each pair a hoop.

TEACH
1. Lesson Objective
   • The object of Partner Hoop Rolling is to practice rolling and receiving a hoop with a partner.

2. Instructions
   • When you roll the hoop, be sure your partner is ready to catch it.
   • Clasp both hands together around the hoop before it rolls past you.

3. Challenges – Can you:
   • Roll the hoop to your partner without making them move to catch it? How many catches can you and your partner make in 30 seconds?
   • (Switch partners every few rounds.)
   • Receive it with 1 hand? Catch with the other hand? Use whichever hand is closest to the rolling hoop.
   • Receive it on your wrist, and spin it before rolling it back?
   • Stop it with your foot, and jump in and out of it?
   • Climb through the hoop as your partner rolls it?
   • Straddle jump over it?

REFLECTION QUESTIONS
• What was the most challenging task in this hoop activity? Easiest?
• What does cooperation look like? What does it sound like?
• How did it feel to do these challenges with a partner?
Partner Hoop Rolling

Standards Alignment
Standard 3: Outcome 2
Actively engages in Physical Education class.
Standard 4: Outcome 4
Works independently with others in partner environments.
Standard 5: Outcome 3
Discusses the enjoyment of playing with friends.

SEL Competencies
Self-Awareness
Peer interaction
Self-Management
Self-discipline
Relationship Skills
Cooperation

Vocabulary
• absorb
• clasp
• force

Teaching Suggestions
• Teach students that whenever in partner face-off with a piece of equipment, the one with the equipment always lines up on line A and the partner without equipment always lines up on line B.
• Have students wait for your signal before rolling the hoop.
• Allow partners to meet in the middle for 20-30 seconds to strategize their success!
• Repeat challenges several times.

SPARK It Up!
1. Add 1 for Fun
   • Can you create a new way to roll and catch the hoop with your partner? After practicing it, you will show the rest of the class, and we will all try it.

2. 2 Hoops
   • Add a second hoop and roll both hoops back and forth at the same time. This takes great cooperation and communication!

3. Group Hoop
   • This activity is for advanced learners. How quickly can your pair find another and make a group of four? Create a square and have 2 hoops ready (demonstrate). Can you roll both hoops across the square? Communicate and strategize so they don't touch, and you can complete your partner pass.

Integrations
Let’s create a “Staying Healthy” book by illustrating and completing sentences such as: I can stay healthy by... (eating nutritious foods), I can stay healthy by... (playing actively), I can stay healthy by... (getting enough sleep). You can create your own designs by adding pictures, quotes, and your favorite ways to stay healthy!

Teacher Reflection