

## Learning Objectives

- Students will be able to cooperate with a partner.
- Students will be able to maintain control of a rolling hoop.
- Students will be able to catch a rolling hoop in a variety of ways.

## Learning Targets

- I can work cooperatively with my partner.
- I can roll my hoop under control to my partner.
- I can demonstrate different ways to catch a rolling hoop from my partner.

## Teaching Cues

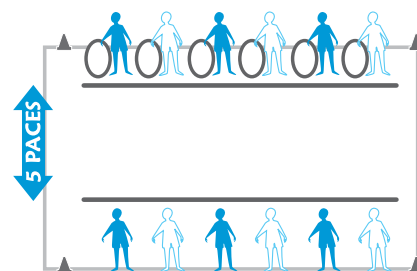
- Lay your fingers just behind the top of the hoop.
- Push the hoop forward to roll it.
- Move your hands to keep the hoop rolling.

## PREP

- 4 cones for boundaries
- 1 hoop per 2 students
- Music and player

## SET

- Create 2 parallel lines 5 paces apart and long enough to spread half the class on each line.
- Pair students in partner face-off formation along the lines. Give each pair a hoop.



## TEACH

### 1. Lesson Objective

- The object of **Partner Hoop Rolling** is to practice rolling and receiving a hoop with a partner.

### 2. Instructions

- When you roll the hoop, be sure your partner is ready to catch it.
- Clasp both hands together around the hoop before it rolls past you.

### 3. Challenges - Can you:

- Roll the hoop to your partner without making them move to catch it? How many catches can you and your partner make in 30 seconds?
- (Switch partners every few rounds.)
- Receive it with 1 hand? Catch with the other hand? Use whichever hand is closest to the rolling hoop.
- Receive it on your wrist, and spin it before rolling it back?
- Stop it with your foot, and jump in and out of it?
- Climb through the hoop as your partner rolls it?
- Straddle jump over it?

## REFLECTION QUESTIONS

- What was the most challenging task in this hoop activity? Easiest?
- What does cooperation look like? What does it sound like?
- How did it feel to do these challenges with a partner?



# Partner Hoop Rolling

## Standards Alignment

### Standard 3: Outcome 2

Actively engages in Physical Education class.

### Standard 4: Outcome 4

Works independently with others in partner environments.

### Standard 5: Outcome 3

Discusses the enjoyment of playing with friends.

## SEL Competencies

### Self-Awareness

Peer interaction

### Self-Management

Self-discipline

### Relationship Skills

Cooperation

## Vocabulary

- absorb
- clasp
- force

## Teaching Suggestions

- Teach students that whenever in partner face-off with a piece of equipment, the one with the equipment always lines up on line A and the partner without equipment always lines up on line B.
- Have students wait for your signal before rolling the hoop.
- Allow partners to meet in the middle for 20-30 seconds to strategize their success!
- Repeat challenges several times.

## SPARK It Up!

### 1. Add 1 for Fun

- Can you create a new way to roll and catch the hoop with your partner? After practicing it, you will show the rest of the class, and we will all try it.

### 2. 2 Hoops

- Add a second hoop and roll both hoops back and forth at the same time. This takes great cooperation and communication!

### 3. Group Hoop

- This activity is for advanced learners. How quickly can your pair find another and make a group of four? Create a square and have 2 hoops ready (*demonstrate*). Can you roll both hoops across the square? Communicate and strategize so they don't touch, and you can complete your partner pass.

## Integrations

Let's create a "Staying Healthy" book by illustrating and completing sentences such as: I can stay healthy by... (*eating nutritious foods*), I can stay healthy by... (*playing actively*), I can stay healthy by... (*getting enough sleep*). You can create your own designs by adding pictures, quotes, and your favorite ways to stay healthy!

## Teacher Reflection

