

Learning Objectives

- Students will appropriately apply soccer skills with proper technique.
- Students will apply basic offensive strategies to create open space.
- Students will demonstrate sportsmanship and follow rules.

Learning Targets

- I can combine dribbling, passing, trapping, and shooting in a game situation.
- I can use basic offensive strategies to create open space.
- I can follow rules and play safely and fairly with my group.

Teaching Cues

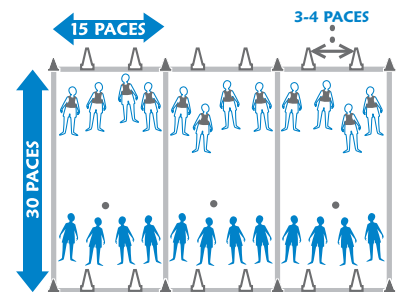
- Forwards, move to open space and use the give and go.
- Look up the field, and take shots.
- Fullbacks, cover the forward, block passing lanes, and pressure the ball.

PREP

- 4 spot markers or cones per 8 students (for boundaries)
- 4 tall cones per 8 students (for goals)
- 1 pinnie per 2 students
- 1 ball per 8 students

SET

- Create a long, narrow (30 x 15 paces) grid per group of 8.
- Place 2 tall cones 3-4 paces apart on each end line to form goals.
- Form groups of 4; 2 groups and 1 ball per field.
- One group wears pinnies and begins on offense.



TEACH

1. Lesson Objective

- The object of **Mini-Soccer** is to combine the soccer skills of dribbling, passing, defending, and shooting to play a mini-game.

2. Instructions

- Each group has 2 Forwards (Offense), and 2 Fullbacks (Defense). No Goalie.
- Play begins with pinnies on offense at midfield.

• Rules

- To score a goal, the ball must go between and no higher than the tall cones.
- Balls above cone-height are out-of-bounds and are awarded to the defense.
- Balls kicked out-of-bounds on sidelines are thrown in by the other team.
- Balls out-of-bounds on end lines are kicked back into play by the other team.
- After a score, non-scoring group restarts as offense at mid-field.
- Rotate positions (Forwards/Fullbacks) on signal (every 3-5 minutes).

• Cues for Forwards

- Move to open space.
- Use the give and go.
- Look up the field.

• Cues for Fullbacks

- Discuss defensive strategy with your groupmates.
- Either mark the Forward (player-to-player), or play a zone on the defensive half of the field.
- Block passing lanes.

3. Challenges

- How quickly can you get the ball back in play after going out-of-bounds?
- Can you pass to all your groupmates before scoring?



Mini-Soccer

Standards Alignment

Standard 1: Outcome 4

Passes and receives with change of direction and speed.

Standard 1: Outcome 9

Foot-dribbles with control, changing speed and direction.

Standard 1: Outcome 10

Shoots on goal with power and accuracy.

Standard 1: Outcome 11

Maintains defensive-ready position, weight on balls of feet.

Standard 2: Outcome 2

Executes offensive tactics to create open space..

Standard 4: Outcome 1

Exhibits responsible social and inclusive behaviors.

Standard 4: Outcome 1

Accepts responsibility for improving levels of activity.

Standard 4: Outcome 6

Demonstrates knowledge of rules and etiquette.

Standard 4: Outcome 7

Independently uses equipment appropriately and safely.

Standard 5: Outcome 6

Demonstrates respect for self and others during activities.

SEL Competencies

Self-Awareness

Peer interaction, self-efficacy

Self-Management

Self-regulation

Social Awareness

Respect for others

Relationship Skills

Teamwork

Responsible Decision-Making

Analyzing situations

Reflection Questions

- Which soccer skills do you think are most important during game play? Why?
- How can you recognize open space during a soccer game?
- How does your ability to recognize open space affect your success?

SPARK It Up!

1. 5-Pass

- Before scoring a goal, your group must pass the ball at least 5x.

2. Add a Goalie

- This time play with a goalie.
- (Make goals 5 paces wide.)

Teaching Suggestions

- Teach students to attempt to settle disagreements before going to the teacher (e.g., use rock, paper, scissors).
- Pinnies Rule: Group wearing pinnies begins on offense and always goes in the same direction.
- Watch for lopsided contests. Pair groups with similar ability.

Integration

Use your local park – your cardiovascular system will thank you.

Here's what you need: 1 ball, 4 goal markers (hats and sweatshirts work well), and 6 to 12 friends. Set up a field with 2 goals, keep the rules basic, and get your game on. Use Rock, Paper, Scissors to solve disputes. Screaming fans are optional.

Teacher Reflection

