



SPARK Alignment to the Common Core

Making the Connections – Meeting the Standards

SPARK Middle and High School Physical Education (Grades 6-12)

English Language Arts & Literacy in Technical Subjects

As a research-based, public health organization, SPARK is committed to the holistic development of all students. The Common Core State Standards provide an important framework that highlights the educational value and depth of SPARK programs and educational materials.

The following document provides an overview of how the SPARK Physical Education (PE) programs for Middle and High School align with the Common Core State Standards in English Language Arts and Literacy in Health and PE.

As you read the following pages note that the sample resources and activities provided address SPARK’s alignment to the Standards, yet do not represent a complete list of resources that for each benchmark. SPARK provides these examples to offer educators a quick reference guide to SPARK and Common Core.

Each sample SPARK resource in this document is followed by the College and Career Readiness Anchor Standard that aligns with the planned outcome of the corresponding activity. SPARK hopes teachers will utilize these alignments to connect grade-specific standards to SPARK MS and HS materials.

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READING IN TECHNICAL SUBJECTS STANDARDS 6-12

- [MS PE Unit Skill Cards](#)
- MS PE Peer Coaching Assessment
- [MS PE Self Check Assessments](#)
- MS PE Unit Integrations
- MS & HS PE Personally Fit Activity Challenges
- HS PE Unit 101 Handouts
- [HS PE Unit Content Cards](#)
- HS PE Unit Practice Plans

Aligned Standards:

Key Ideas and Details:

- Read closely to determine what the text says explicitly and to make logical inferences from it.

Craft and Structure:

- Interpret words and phrases as they are used in a text, including determining technical meanings.

Integration of Knowledge and Ideas

- Integrate and evaluate content presented in diverse formats and media, including visually and quantitatively, as well as in words.

Range of Reading and Level of Text Complexity:

- Read and comprehend complex literary and informational texts independently and proficiently.

WRITING IN TECHNICAL SUBJECTS STANDARDS 6-12

- MS & HS Coulda, Shoulda Woulda Character Education Journaling Pages
- [MS Create a Fitness Routine Task Card](#)
- MS & HS Personally Fit Wellness Challenges
- [HS Create Your Own Game Task Card](#)
- HS Fun-day-mentals Jigsaw Cards

Aligned Standards:

Text Types and Purposes

- Write arguments to support claims in an analysis of substantive topics using valid reasoning and relevant and sufficient evidence.
- Write informative/explanatory texts to examine and convey complex ideas and information clearly and accurately through effective selection, organization, and analysis of content.

Production and Distribution of Writing

- Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

Research to Build and Present Knowledge

- Gather relevant information from multiple print and digital sources and integrate the information while avoiding plagiarism.
- Draw evidence from informational texts to support analysis, reflection, and research.

Range of Writing

- Write routinely over shorter time frames for a range of tasks, purposes, and audiences.

SPEAKING AND LISTENING STANDARDS 6-12

- [MS PE Unit Adventure Races](#)
- MS PE Human Pizza Task Card
- MS & HS PE Personally Fit Wellness Challenges
- [HS PE Create Your Own Fitness Routine](#)
- HS PE SPARK Fitness Instructor Certification Process
- HS PE Personal Best Videos

Alignment Standards:

Comprehension and Collaboration

- Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.
- Integrate and evaluate information presented in diverse media and formats, including visually, quantitatively, and orally.

Presentation of Knowledge and Ideas

- Present information, findings, and supporting evidence such that listeners can follow the line of reasoning and the organization, development, and style are appropriate to task, purpose, and audience.
- Adapt speech to a variety of contexts and communicative tasks, demonstrating command of formal English when indicated or appropriate.

LANGUAGE STANDARDS 6-12

- MS PE Unit Self-Checks
- MS PE Unit Integrations
- [MS PE Unit Skill Cards](#)
- MS & HS PE Create a Routine Task Cards
- [HS PE Unit 101 Handouts](#)
- HS PE Unit Practice Plans
- [HS PE Unit Content Cards](#)

Alignment Standards

Knowledge of Language

- Apply knowledge of language to understand how language functions in different contexts, to make effective choices for meaning or style, and to comprehend more fully when reading or listening.

Vocabulary Acquisition and Use

- Determine or clarify the meaning of unknown and multiple-meaning words and phrases by using context clues, analyzing meaningful word parts, and consulting general and specialized reference materials, as appropriate.
- Acquire and use accurately a range of general academic and domain-specific words and phrases sufficient for reading, writing, speaking, and listening at the college and career readiness level; demonstrate independence in gathering vocabulary knowledge when considering a word or phrase important to comprehension or expression.