

# SPARK

## HOW CAN I TELL IF MY SCHOOL PROVIDES QUALITY PHYSICAL EDUCATION?

### HERE ARE 3 SUGGESTED STEPS:

#### 1. SPEAK WITH YOUR SCHOOL'S PE TEACHER(S). ASK HER/HIM TO:

- Tell you how often students have PE – frequency and duration
- See their Yearly Plan (what they teach and when).
- Show you how their program aligns with their District, State or National Standards.
- Explain how they demonstrate student learning to those standards via assessment and evaluation.

#### 2. SPEAK WITH YOUR SCHOOL'S PRINCIPAL. LET HER/HIM KNOW YOU SUPPORT:

- Quality, daily PE for every student taught by a credentialed specialist.
- Curriculum that has been proven to work and last – evidence-based.
- A budget that allows teachers to replenish equipment so students have plenty for PE, recess, after school -- activity throughout the day on campus.
- Ongoing professional development and new resource acquisition for the school's PE teachers.
- Grades for physical education that are factored into a student's grade point average.

#### 3. ATTEND SCHOOL-BOARD MEETINGS AND EXPRESS YOUR SUPPORT FOR QUALITY, DAILY PHYSICAL EDUCATION TAUGHT BY A CREDENTIALLED SPECIALISTS FOR ALL STUDENTS IN ALL GRADES.

For more information on Quality Physical Education, visit [www.sparkpe.org](http://www.sparkpe.org).

